

# Be Well™ Acres Homes

Building a healthier community together

**Be Well™ Acres Homes** is an initiative of The University of Texas MD Anderson Cancer Center in collaboration with Harris Health System, Memorial Hermann Community Benefit Corporation, UTHealth School of Public Health, and more than 30 community organizations united together with residents of Acres Homes.

**“Be Well Acres Homes is a significant help to the Acres Homes community because of the strong collaborative connection it has with so many organizations with common goals of making neighborhoods safe and healthy.”**

— Acres Homes Resident

## OVERALL IMPACT

<b>38</b>	organizations represented on the community-driven Be Well Acres Homes Steering Committee
<b>850+</b>	hours of capacity building, technical assistance, project management and program evaluation provided by the Be Well Communities™ team
<b>37%</b>	of Acres Homes community reached with an evidence-based intervention
<b>21K</b>	individuals impacted in Acres Homes
<b>93%</b>	of Steering Committee members agreed that community collaborations and activities can be sustained over the long term



## 18 evidence-based interventions implemented within two target areas

### HEALTHY EATING



**1,300+**

people received  
nutrition education

**40**

garden beds  
built

**190K+**

pounds of healthy food provided

### ACTIVE LIVING



**1,200+**

people participated in  
physical activity classes  
and programs

**9,900+**

students participated in a  
coordinated school health  
approach



### A special thanks to the Be Well Acres Homes Steering Committee

Acres Home Chamber for Business & Economic Development • Acres Homes Community Advocacy Group • Acres Homes Health Action Team • Aldine ISD • American Heart Association • Back to Eden • BakerRipley • Beauty's Community Garden • Brighter Bites • Center for Civic & Public Policy Improvement • Change Happens • City of Houston Health Department • City of Houston Mayor's Office of Complete Communities • City of Houston Parks and Recreation Department • Collaborating Voices Foundation • Communities for Better Health • Harris County Precinct 1 • Harris County Public Health • Harris Health System • Healthy Outdoor Communities • Honor Humanity • Houston Area Urban League • Houston Food Bank • Houston Parks Board • Houston Symphony • Kings Bike and Hike Community • Lone Star College – Houston North • Memorial Hermann Community Benefit Corporation • METRO • Nature and Eclectic Outdoors • Near Northwest Management District • Prairie View A&M University Cooperative Extension Program • Residents & Champions of Acres Homes • Settegast Heights Redevelopment Corporation Northeast Community • The Harris Center • The University of Texas MD Anderson Cancer Center • UTHealth School of Public Health • UTPhysicians Victory Clinic